

The Dromana Cycling Academy Program is for students who wish learn the basic skills of riding a bicycle in a friendly and inclusive setting with experienced and qualified junior coaches. Numbers are strictly limited due to the nature of the activity and skills learned lead onto the Wednesday afternoon Dromana Cycling Academy Program.

Requirements are a working mountain bicycle with gears, a change of clothing, an approved helmet, as well a moderate level of fitness to participate.

Sessions run on a weekly basis, after school for an hour, in all weather conditions, so participants need to bring the required protective clothing.

Lessons will have a focus on developing riding skills as well as an understanding of the care and maintenance of bicycles.

The Dromana Cycling Academy team will have the opportunity to compete in the Victorian School Cycling Championships Series held from June to September as part of the Dromana College Cycling Team.

### **Access to Programs**

	Timetabled Class	Cost
Year 7 - 8	Wednesday After School 3:15pm ? 4:15pm	\$60 per term

### **Dromana Cycling Academy Program Fees**

The cost of participating in the Cycling Program is \$60 per term and includes:

- Each member of the team will receive a team shirt (one per year).
- Access to specialist coaches and coaching ? MTBA qualified staff.

For further information please contact Adrian Wale at [02081511@dsc.vic.edu.au](mailto:02081511@dsc.vic.edu.au) or 5987-2805